

AUTISM Strength Cards for Children

www.SocialWorkersToolBox.com

Free Download

I can watch a video and use what it shows me



a different way from other people.



I AM GOOD AT ROUTINES

I follow the same steps in the same order every time.



About this Resource

Autism Strength Cards for Children are a free printable resource designed to celebrate the unique strengths and abilities of autistic children. These colourful affirmation cards help children build confidence, recognise their talents, and develop positive self-esteem.

Each card includes a simple statement written in clear, concrete language so children with autism can easily understand and connect with the message. The affirmations highlight skills such as attention to detail, memory, routines, problem-solving, logical thinking, creativity, organisation, and caring for others.

These autism strength affirmation cards can be used by:

- Parents and carers at home to encourage confidence and positive thinking.
- Teachers and SEN staff in classrooms to support social-emotional learning.
- Therapists, counsellors, and social workers to help children recognise their abilities.
- Foster carers and adoptive parents to support children's emotional wellbeing.

You can use these printable affirmation cards for autistic children daily as part of a calm-down kit, morning motivation activity, or wellbeing routine. They also work well in therapy sessions, social skills groups, or one-to-one support.

By focusing on strengths, these cards help children with autism:

- Build self-belief and confidence
- Celebrate their unique way of thinking
- Develop a positive growth mindset
- Strengthen resilience and independence

This free download is available from SocialWorkersToolbox.com, where you can also find more autism resources, social work tools, and printable activities for children's emotional wellbeing.

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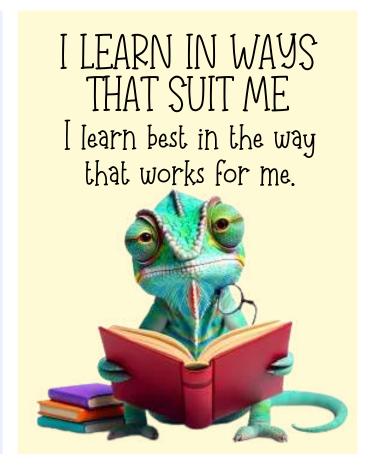
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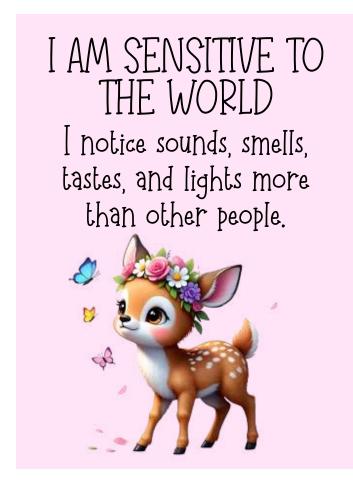
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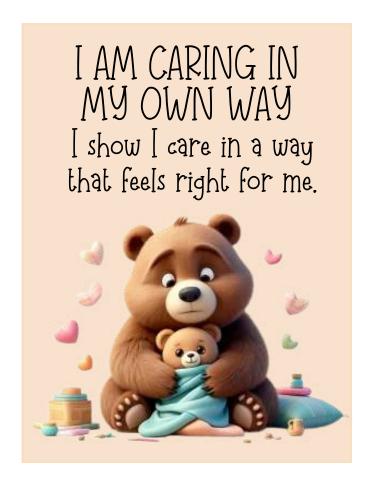
I AM GOOD AT FOLLOWING A PLAN I can do each step in the right order to finish a task.

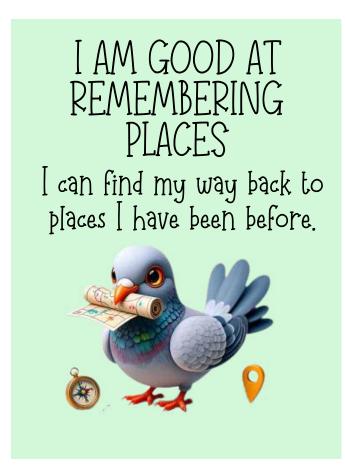


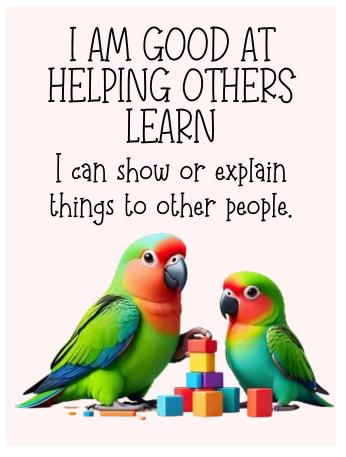




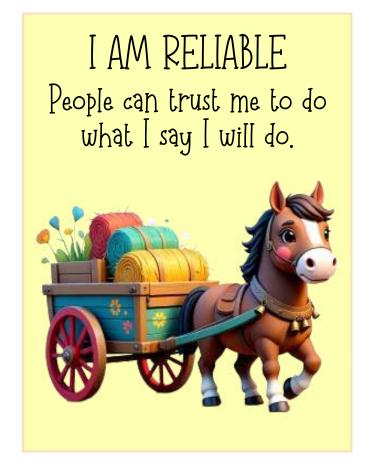
I NOTICE BEAUTY IN SMALL THINGS I like looking at small things like flowers, shells, or clouds.

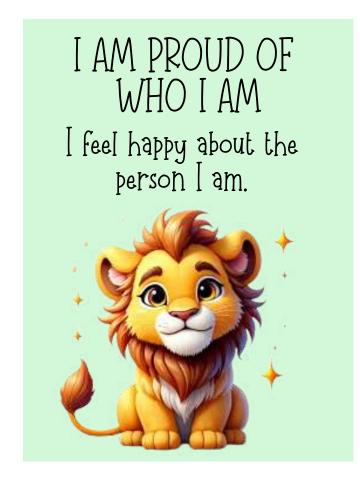


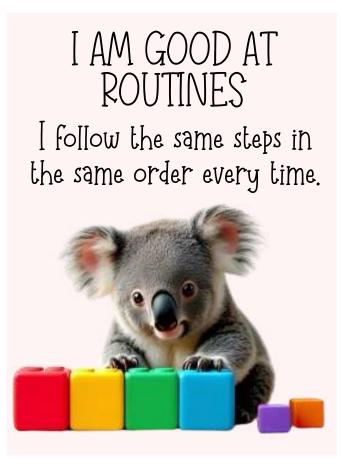




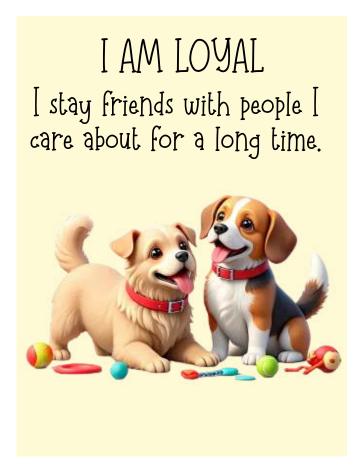
I CAN FOCUS DEEPLY I can pay attention to something I enjoy for a long time.



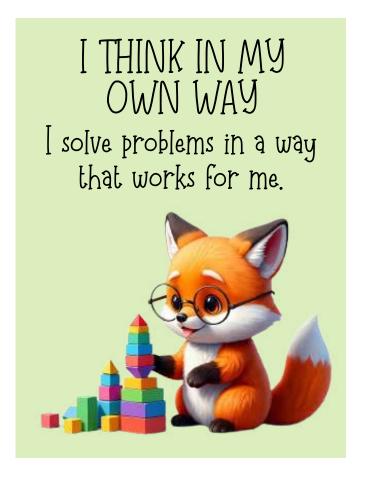


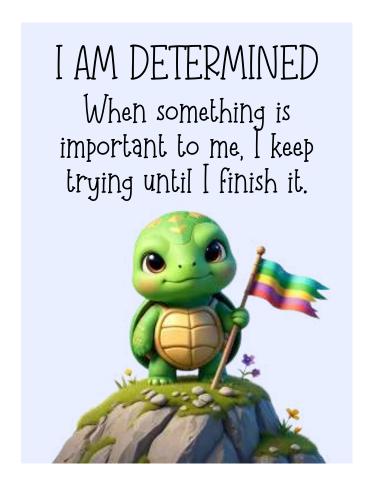


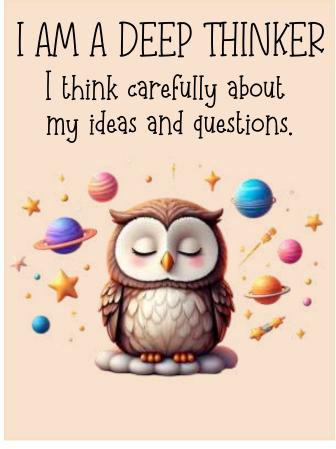
I AM HONEST I tell the truth about what I think and feel.

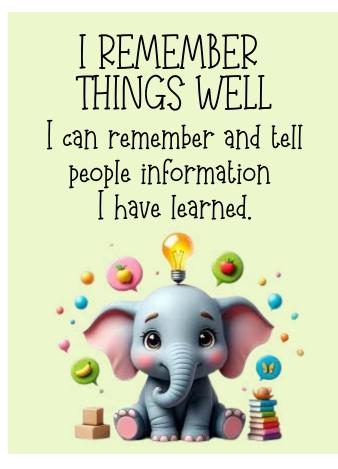






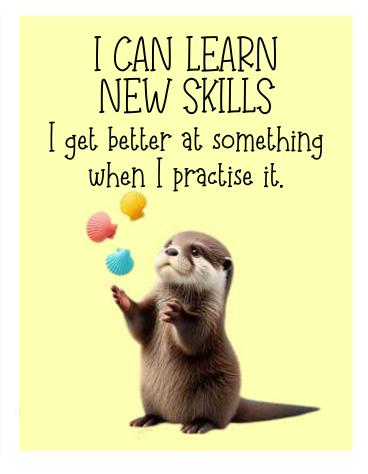


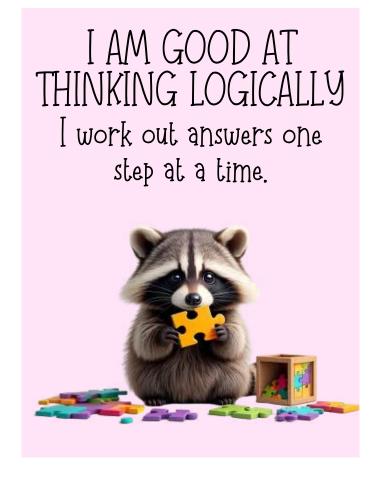


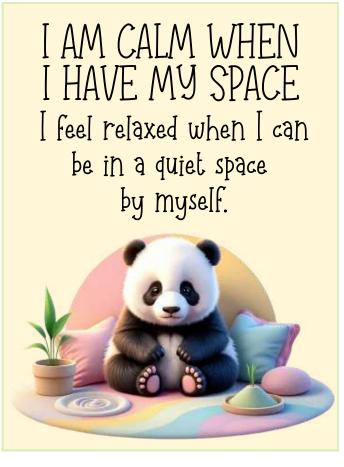




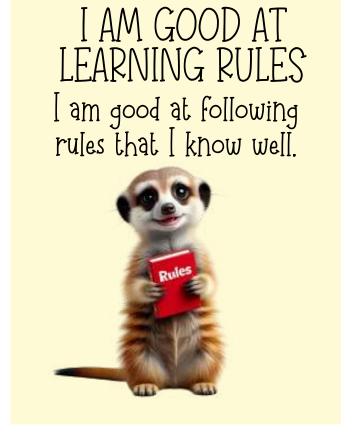
I ENJOY MY SPECIAL INTERESTS I like learning a lot about the things I enjoy.

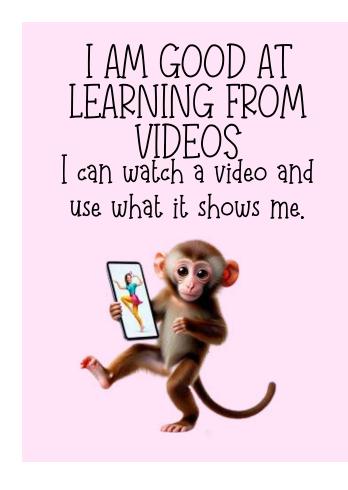


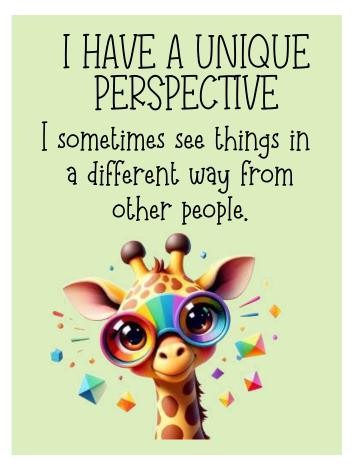




I AM GOOD AT SPOTTING MISTAKES I can see when something is wrong or out of place.







I AM GOOD AT NOTICING WHEN THINGS CHANGE can tell when something is different from before.



I AM GOOD AT SORTING THINGS

I can group things by their colour, shape, or size.



I AM RESPONSIBLE

I look after my things and keep my promises.



I AM A PROBLEM SOLVER

I can think of ways to fix small problems.



I AM GOOD AT DRAWING WHAT I SEE

l can make pictures that show what something looks like.



I AM GOOD AT REMEMBERING WHAT PEOPLE SAY

I can remember words or conversations for a long time.



I AM KIND TO ANIMALS AND NATURE

I look after animals and plants and try to keep them safe.



I WORK WELL WITH OTHERS

I can be part of a team and share ideas.





