

# FEEDBACK FORMS for foster children & foster carers' own children



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**Forms for  
FOSTER CHILDREN**

# My foster family

Put a circle around the word which best describe your foster family.

I feel safe and comfortable in my foster home.	agree	neutral	disagree
My foster family makes me feel like I am part of their family.	agree	neutral	disagree
I enjoy spending time with my foster family.	agree	neutral	disagree
My foster family listens to me and tries to understand my feelings.	agree	neutral	disagree
I feel like my foster family cares about my health and wellbeing.	agree	neutral	disagree
I get along well with other children in my house.	agree	neutral	disagree
My foster family encourages me to try new things and learn new skills.	agree	neutral	disagree
My foster family includes me in important decisions that affect me.	agree	neutral	disagree
My foster family treats me fairly and does not play favourites.	agree	neutral	disagree
I feel like I can talk to my foster family about anything that is bothering me.	agree	neutral	disagree
My foster family celebrates special events and holidays with me.	agree	neutral	disagree
My foster family has clear and fair rules that help me know what is expected of me.	agree	neutral	disagree
My foster family respects my culture and heritage.	agree	neutral	disagree
I have my own space or bedroom where I can relax and feel at home.	agree	neutral	disagree
My foster family helps me with my homework and schoolwork.	agree	neutral	disagree

# About my foster carer

Put a circle around the words which best describe your foster carer.

Cool Best Annoying  
Unfair Caring  
Loving Patient Loud  
Caring Moody Protective  
Selfish Supportive  
Scary Angry  
Funny Strong  
Stressed Hero Clever Unhappy  
Protective  
Strict Embarrassing  
Aggressive Kind Cruel  
Abusive Helpful

# Living with my foster family

Please answer the following questions about your foster family

How long have you been living with your foster family?



Do you feel safe and comfortable in your foster home? Please explain.



What do you like the most about living with your foster family?



What do you find challenging about living with your foster family?



Do you feel that your foster family listens to you and cares about your feelings? Please explain.



Are there any rules or routines that you find difficult or confusing? Please explain.



Have you ever had any disagreements with your foster family? What about? How did the foster family respond?



Do you feel that you are treated fairly and respectfully by your foster family? Please explain.



Is there anything that you would like your foster family to do differently? Please explain.



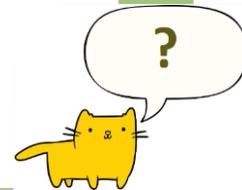
Is there anything else that you would like to share about your experience living with your foster family? Please explain.



# My foster family

Things I like about my foster family &  
where I live

Things I would like to change about  
my foster family & where I live



# How happy are you?

Where I live 

My foster carers 

About myself 

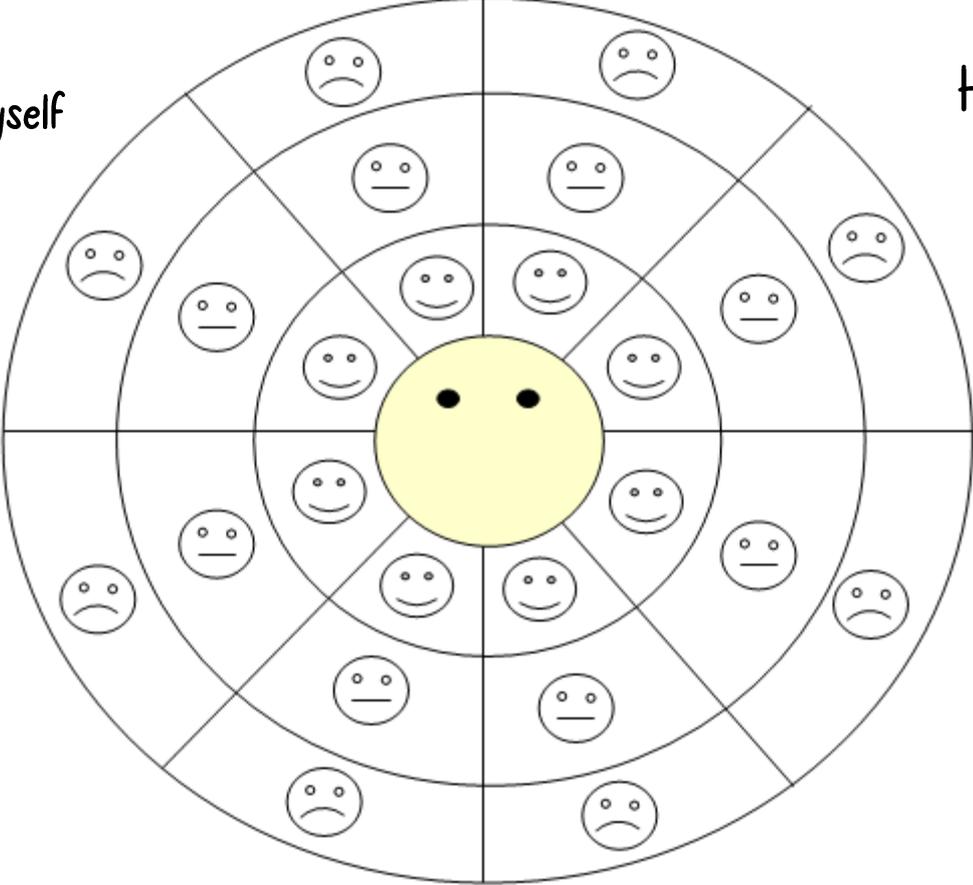
Hobbies 

Friends 

School 

Having people to talk to 

Family time (contact) 



The diagram is a circular happiness scale divided into eight segments. At the center is a large yellow smiley face. Surrounding it are three concentric rings of smaller smiley faces. The outermost ring contains 16 faces: 8 happy (smiling), 8 neutral (flat), and 0 sad (frowning). The middle ring contains 16 faces: 8 neutral, 8 happy, and 0 sad. The innermost ring contains 16 faces: 8 happy, 8 neutral, and 0 sad. Each segment is labeled with a category and an icon: 'Where I live' (house), 'My foster carers' (two people), 'About myself' (person with heart), 'Hobbies' (musical notes and hearts), 'Friends' (group of people), 'School' (school building), 'Having people to talk to' (speech bubble and people), and 'Family time (contact)' (two people).

# How happy I am

On a scale of 0 to 10, where 10 is being as happy as you could be..., where are you now?

Where I live 		0	1	2	3	4	5	6	7	8	9	10		
My foster carers 		0	1	2	3	4	5	6	7	8	9	10		
Hobbies 		0	1	2	3	4	5	6	7	8	9	10		
School 		0	1	2	3	4	5	6	7	8	9	10		
Family time (contact) 		0	1	2	3	4	5	6	7	8	9	10		
Having people to talk to 		0	1	2	3	4	5	6	7	8	9	10		
Friends 		0	1	2	3	4	5	6	7	8	9	10		
About myself 		0	1	2	3	4	5	6	7	8	9	10		

<p>Where I live</p> 	<p>Where are you now? Are you generally happy about the place and house you live in? Sad? Or somewhere in between?</p>
	<p>What makes you feel like this?</p>
	<p>If things were better what would they look like?</p>
	<p>What could you or someone else do that could make this better?</p>
<p>My foster carers</p> 	<p>Where are you now? Do you feel well cared for by your foster carer (s) , do you get on with them? Sad? Or somewhere in between?</p>
	<p>What makes you feel like this? Tell us about your foster carer(s).</p>
	<p>If things were better what would they look like?</p>
	<p>What could you or someone else do that could make this better?</p>

Where are you now? What do you enjoy doing in your free time? Are you generally happy with your hobbies? Sad? Or somewhere in between?

What makes you feel like this?

Hobbies



If things were better what would they look like?

What could you or someone else do that could make this better?

Where are you now? Are you generally happy at school? Sad? Or somewhere in between?

What makes you feel like this?

School



If things were better what would they look like?

What could you or someone else do that could make this better?

<p>Family time (contact)</p> 	<p>Where are you now? Do you feel happy about your family time? Sad? Or somewhere in between.</p>
	<p>What makes you feel like this?</p>
	<p>If things were better what would they look like?</p>
	<p>What could you or someone else do that could make this better?</p>
<p>Having people to talk to</p> 	<p>Where are you now? Do you have people to talk to? Not many? Or somewhere in between.</p>
	<p>What makes you feel like this? Tell us who you can talk.</p>
	<p>If things were better what would they look like?</p>
	<p>What could you or someone else do that could make this better?</p>

Where are you now? Do you have friends? Are you generally happy with them? Sad? Or somewhere in between?

What makes you feel like this? Tell us about your friends.

Friends



If things were better what would they look like?

What could you or someone else do that could make this better?

Where are you now? Are you generally happy about yourself and the way you look? Sad? Or somewhere in between?

About  
myself



What makes you feel like this?

If things were better what would they look like?

What could you or someone else do that could make this better?

**Forms for  
FOSTER CARERS'  
OWN CHILDREN**

# How you feel about your family fostering?

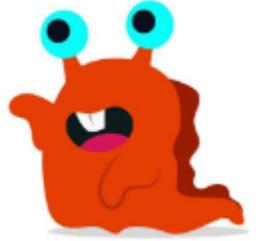
Things you like about your family fostering:



Things you would like to change about your family fostering:



Do you get on with the child(ren) who live with you? Please explain.



How could fostering be made better for you?



Anything else you would like to say:

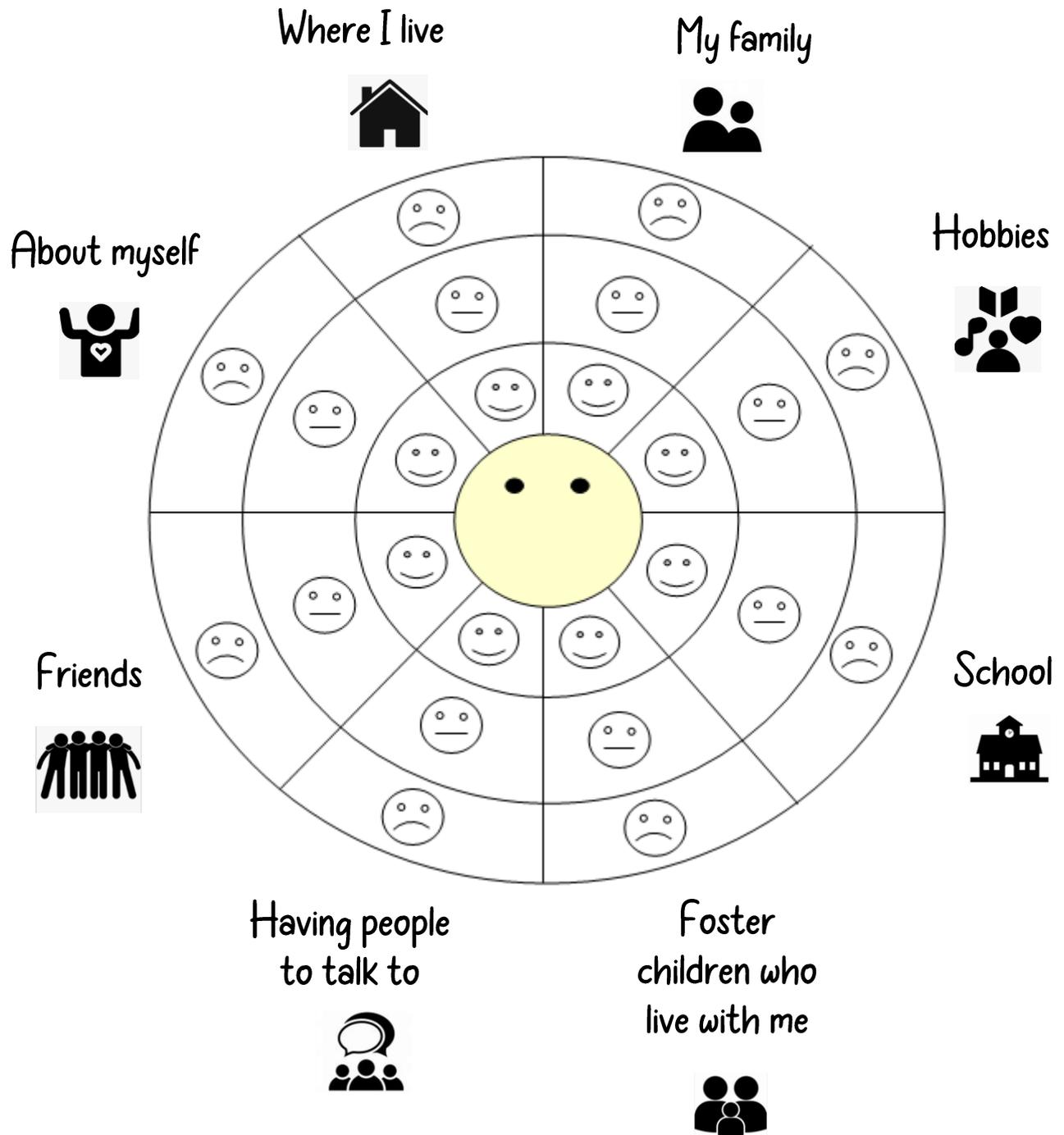


# How I feel about fostering

Put a circle around the word which best describe your feelings about your family fostering.

I enjoy having foster children living with us.	agree	neutral	disagree
I feel comfortable sharing my toys and things with our foster children.	agree	neutral	disagree
I feel like my parents treat me the same as our foster children.	agree	neutral	disagree
I feel like my parents take good care of me.	agree	neutral	disagree
I feel happy that we can help other children by being a foster family.	agree	neutral	disagree
I feel like my parents involve me in activities with our foster children.	agree	neutral	disagree
I feel proud of our family for being foster carers.	agree	neutral	disagree
I feel like my parents keep me safe while we have foster children living with us.	agree	neutral	disagree
I feel comfortable talking to my parents about how I feel about fostering.	agree	neutral	disagree
I get on with foster children who live with me now.	agree	neutral	disagree

# How happy are you?



# How happy I am

On a scale of 0 to 10, where 10 is being as happy as you could be..., where are you now?

Where I live 		0	1	2	3	4	5	6	7	8	9	10		
My family 		0	1	2	3	4	5	6	7	8	9	10		
Hobbies 		0	1	2	3	4	5	6	7	8	9	10		
School 		0	1	2	3	4	5	6	7	8	9	10		
Foster children who live with me 		0	1	2	3	4	5	6	7	8	9	10		
Having people to talk to 		0	1	2	3	4	5	6	7	8	9	10		
Friends 		0	1	2	3	4	5	6	7	8	9	10		
About myself 		0	1	2	3	4	5	6	7	8	9	10		