

30 DAYS OF GRATITUDE THIS APRIL

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1. Something that made me smile today.



2. A food I really love.



3. Someone who makes me feel safe.



4. A place I love to visit.



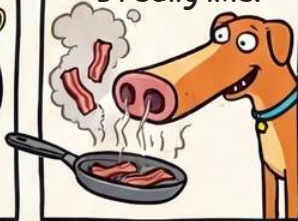
5. A game I enjoy playing.



6. Something I am good at.



7. A smell I really like.



8. A friend who makes me laugh.



9. Something kind I did recently.



10. A favourite meal someone made for me.



11. Something beautiful I saw today.



12. Grown-up who cares for me.



13. A film or show I love.



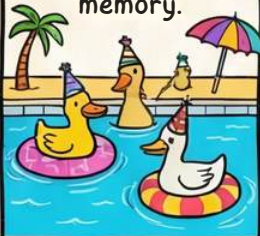
14. Something I am excited about.



15. A cosy place in my home.



16. A happy holiday memory.



17. Something fun I can do with my body.



18. An animal I find amazing.



19. A song I love.



20. A time I helped someone.



21. Something in nature that amazes me.



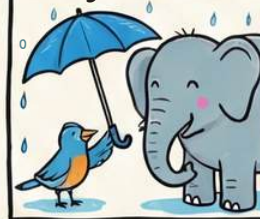
22. A skill I have worked hard at.



23. Something that made me laugh recently.



24. Person who is always kind to me.



25. My favourite season.



26. Something I own that means a lot to me.



27. Something I am looking forward to.



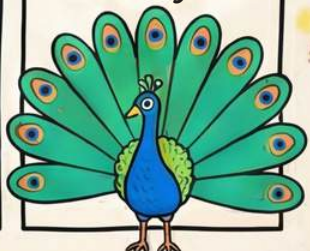
28. Something I enjoy at school.



29. A moment that made me feel calm.



30. One thing I like about myself.



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