

31 Ways to Be a Kind Sibling



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| 1. Say something good about them | 2. Share a toy with them | 3. Help them finish a job | 4. Let them choose the game | 5. Sit quietly with them | 6. Make them a picture |
| 7. Use a calm voice with them | 8. Ask them to play with you | 9. Help them find a lost toy | 10. Give them space if they want to be alone | 11. Say "thank you" to them | 12. Help them when they are stuck |
| 13. Let them have a turn | 14. Say "sorry" and mean it | 15. Listen when they are talking | 16. Do a kind surprise for them | 17. Share a snack with them | 18. Cheer them on |
| 19. Help tidy up with them | 20. Say something kind before bed | 21. Include them in your game | 22. Wait patiently for them | 23. Help them when they feel sad | 24. Play gently with them |
| 25. Ask them about their day | 26. Show them how to do something | 27. Say "well done" to them | 28. Use gentle hands and kind words | 29. Play something they enjoy | 30. Help them before being asked |



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| 31. Tell them they are important to you | | |
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