

Social Story

Asking Nicely

FREE DOWNLOAD

www.SocialWorkersToolbox.com



Asking nicely helps everyone feel happy and safe.



I can say things like, "Please can I play with that?" or "Can I have a turn, please?"



When someone says no, I can stay calm. I can try again later or ask about something else.



It shows respect and helps me make good choices.



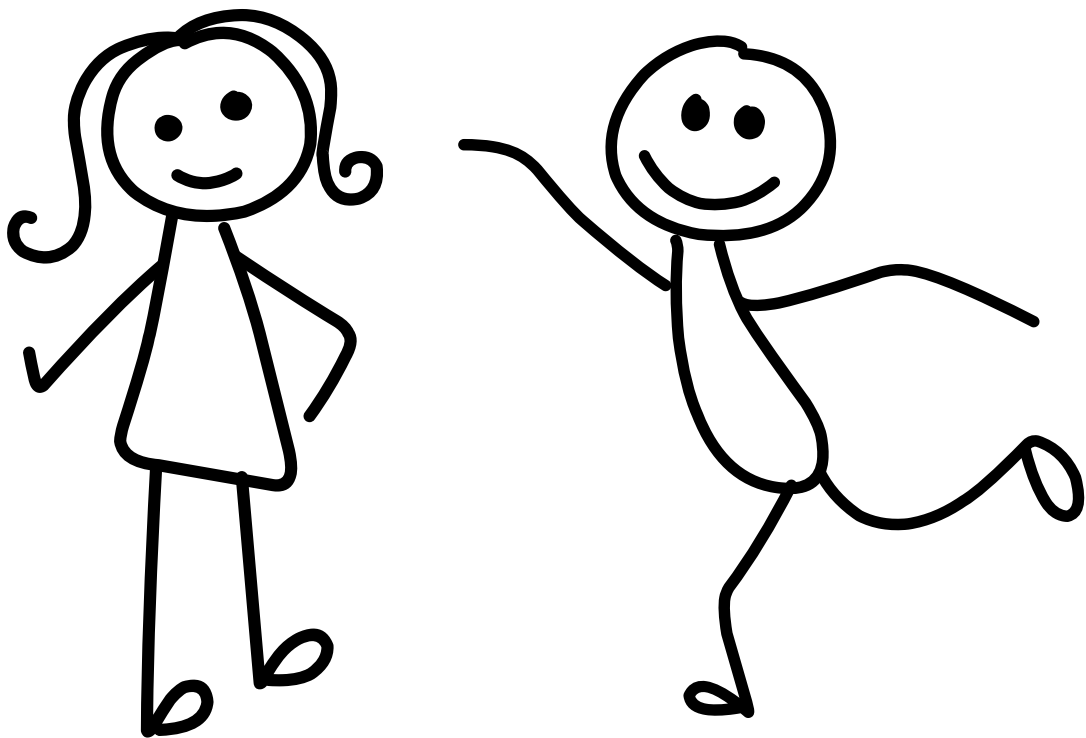
I can also say, "Excuse me," or "Can you help me, please?"



When someone says "Okay" or "Maybe next time." That shows I am growing up.

Social Story

I am learning how to
ask for things in
a kind and polite way.



Visit our website

www.SocialWorkersToolbox.com

for more

FREE

social stories

for children and adults with
autism and learning difficulties.

www.SocialWorkersToolbox.com

Free social work
resources for
direct work





Sometimes I want something, like a snack, to go somewhere, or help with something.



I can ask someone, like a parent, carer, teacher, or friend.



It is important to ask in a calm and kind way.
This is called asking nicely.



Asking nicely means using polite words and
a gentle voice.



I can say things like, "Please can I play with that?"
or "Can I have a turn, please?"



I can also say, "Excuse me," or
"Can you help me, please?"



When I ask nicely, people are more likely to listen and want to help me.

You need to tie my shoe laces now!

Please ask nicely first.



If I shout, grab, or demand, others might feel upset or say no.

***Can I borrow
your doll?***

No.



Even if someone says no, I can stay calm. I can try again later or ask about something else.

***Maybe
next time.***



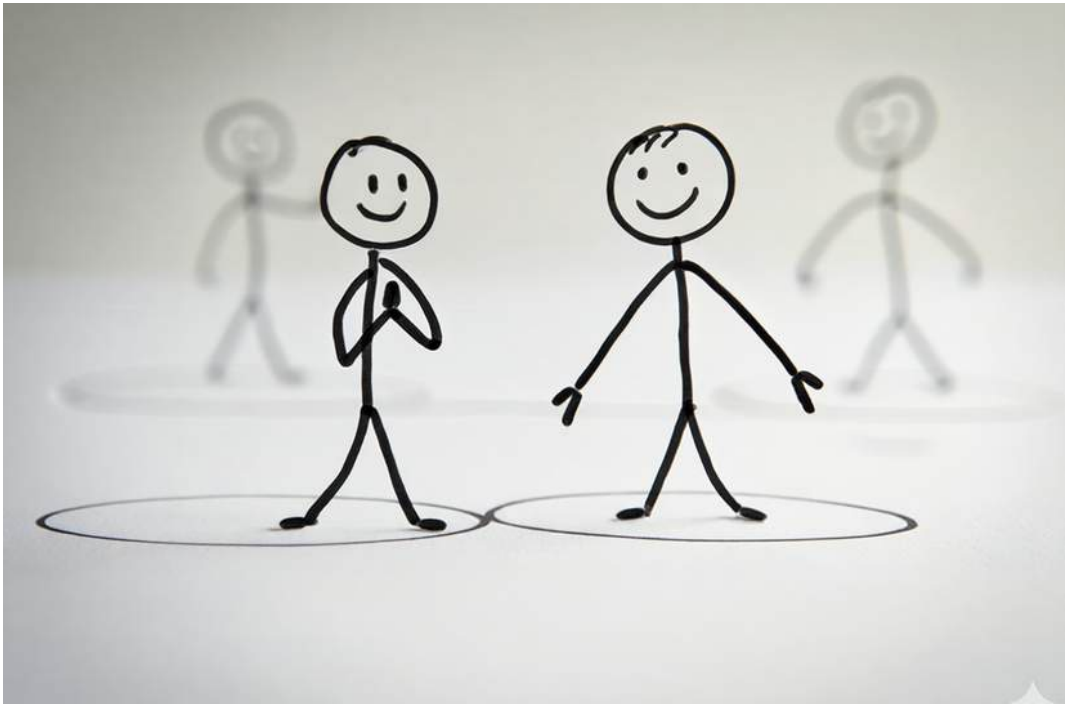
I can say, "Okay" or "Maybe next time."
That shows I am growing up.



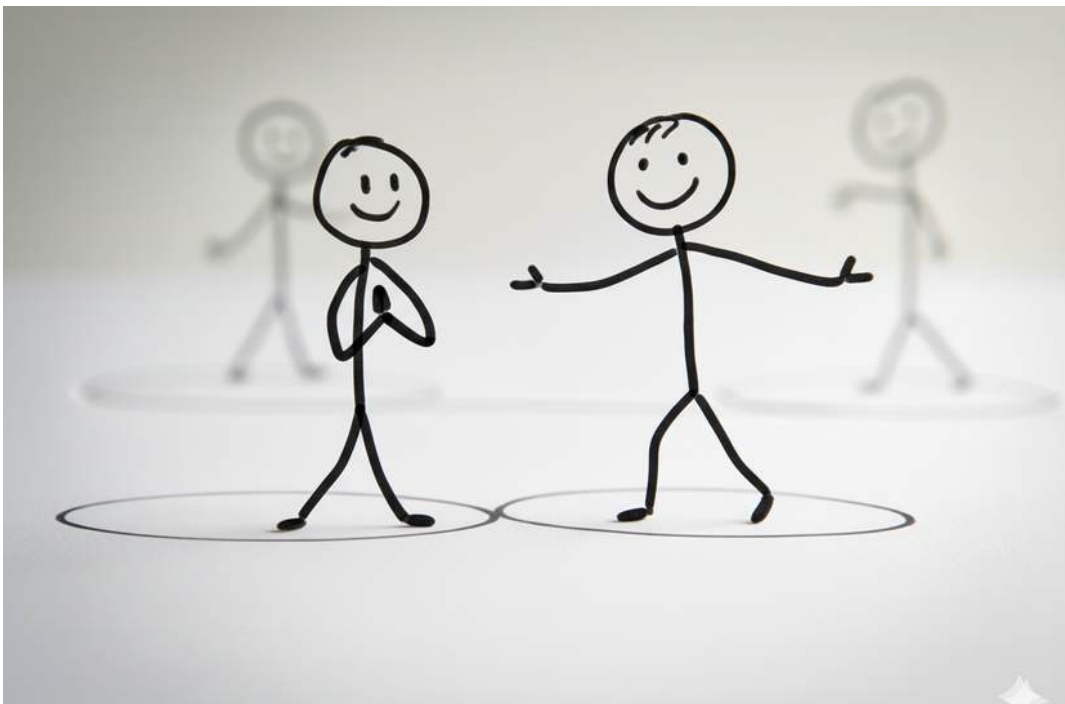
Asking nicely helps everyone feel happy and safe.



It shows respect and helps me make good choices.



I am learning how to ask for things in a kind way.



Asking nicely is a good way to get help or support.

SEE OUR WEBSITE FOR MORE **FREE** RESOURCES

WWW.SOCIALWORKERSTOOLBOX.COM

www.SocialWorkersToolbox.com

Free social work
resources for
direct work



©EDITA STIBOROVA (2025) THIS PRINTABLE PDF DOCUMENT
CAN BE USED AT NO CHARGE BY INDIVIDUALS AND
NOT-FOR-PROFIT ORGANISATIONS FOR THEIR WORK WITH
FAMILIES AND/OR TRAINING PROVIDING THAT
NO CHANGES ARE MADE TO ITS CONTENT.