

Lily's First Loose Tooth

EDITA STIBOROVA

www.SocialWorkersToolbox.com



Once upon a time, in a cosy little house, lived a cheerful child named Lily. One sunny morning, while eating a crunchy red apple, Lily felt something wobbly in her mouth. "Oh no!" she cried. "My back tooth is loose!"



Lily ran to her mum, her eyes wide with worry. "Mummy, my tooth is falling out! Will it hurt? Will I look funny?" Mum smiled and gave Lily a warm hug. "It's s perfectly normal, sweet pea. It means you are growing big and strong!"



"And no," Mum added, "it will not hurt, and you will look just as lovely as always. In fact, a very special visitor loves loose teeth!" Lily's eyes sparkled. "A special visitor? Who could it be?"



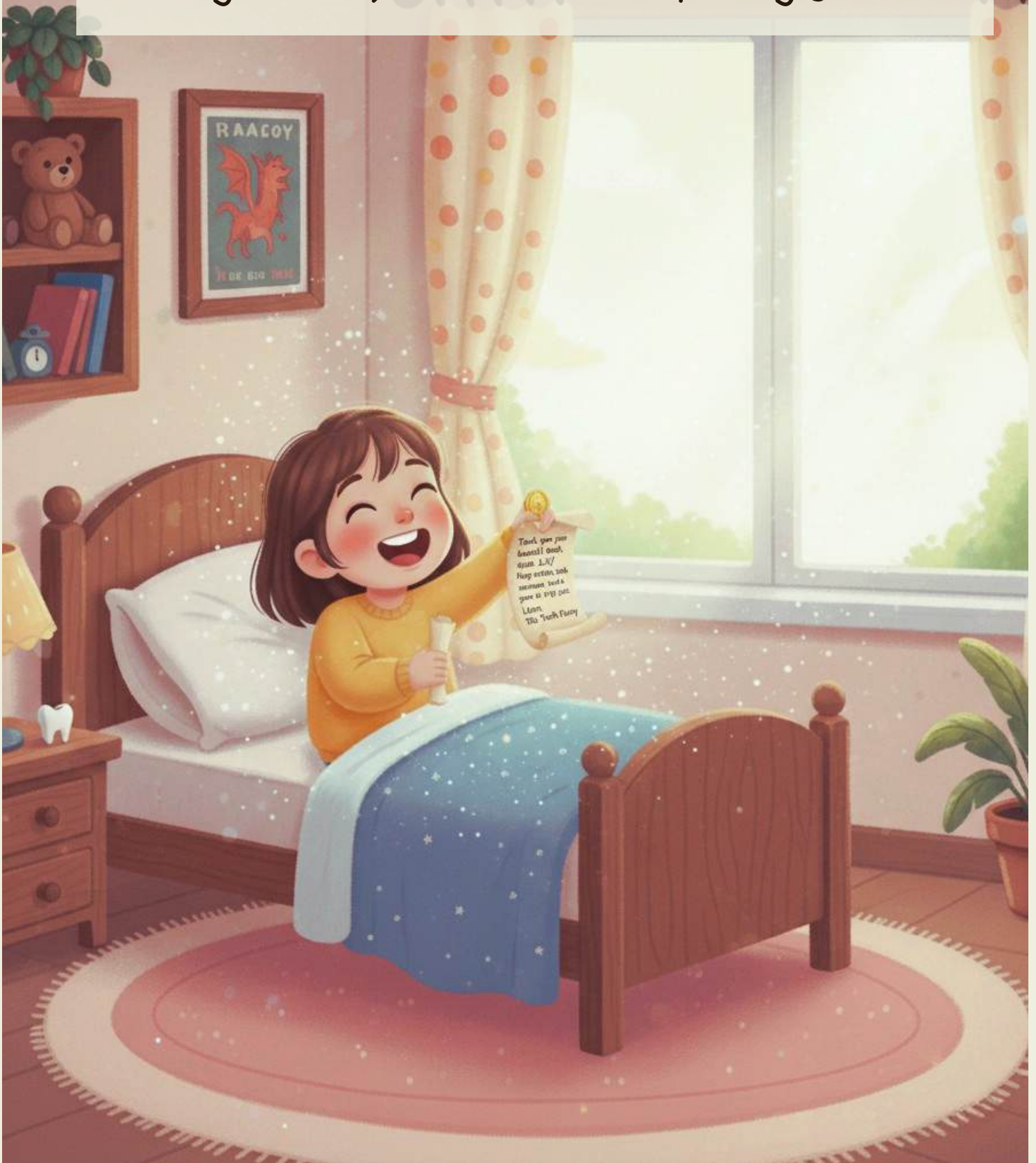
That night, as Lily drifted off to sleep, she placed the tooth that had fallen out earlier under her pillow. She dreamt of a magical fairy with glittery wings, fluttering quietly into her room.



The next morning, Lily woke up with a jolt of excitement! She reached under her pillow. Her tooth was gone! In its place was a shiny coin and a tiny, sparkling note.



The note read: "Thank you for your beautiful tooth, dear Lily! Keep smiling, and another tooth will soon grow in its place.
Love, The Tooth Fairy."
Lily beamed, her worries completely gone.



She ran to show her mum the coin and the note. "The Tooth Fairy came! And look, Mum, I have a space for a new tooth to grow!" Her mum hugged her tightly, happy to see Lily so joyful.



From that day on, Lily was never scared when another tooth began to wiggle. She knew it was just another exciting step in growing up – and another chance for a magical visit from the Tooth Fairy! Lily learned that sometimes, changes can feel a little scary, but they often lead to wonderful new things.



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About this Resource

Lily's First Loose Tooth is a gentle and reassuring children's story that helps young readers understand what happens when they lose their first baby tooth. Through Lily's warm and relatable experience, children learn that a wobbly tooth is a normal part of growing up and something to feel proud of—not afraid of. The story uses calm, positive language to reduce dental anxiety and encourage confidence about change, making it ideal for home reading, classroom discussions, or therapeutic use.

Beautifully written to support early emotional development, the story introduces feelings such as worry, curiosity, and pride, helping children build emotional awareness and resilience. It also supports learning about oral health, brushing teeth, and the excitement of the Tooth Fairy's visit. Parents, carers, teachers, and therapists can use this story to open up gentle conversations with children who might feel anxious about losing a tooth or visiting the dentist.

Perfect for bedtime reading, circle time, or calm-down spaces, Lily's First Loose Tooth blends early years learning with social-emotional development. It encourages curiosity, self-care, and a positive attitude toward new experiences—making it a valuable resource for early childhood education and emotional wellbeing.

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