

MY MORNING ROUTINE



WASH MY HANDS



CALM ACTIVITY



WAKE UP



GO TO THE TOILET



USE THE POTTY



BRUSH MY TEETH



WASH MY FACE



COMB MY HAIR



PUT ON



GET DRESSED



MY MORNING ROUTINE



EDITABLE

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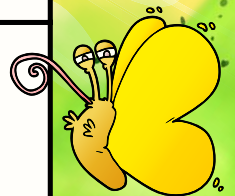
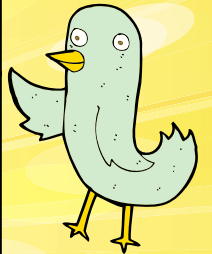
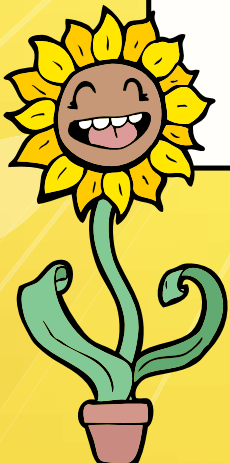
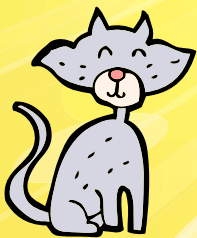
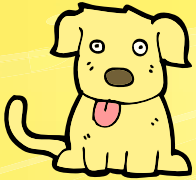
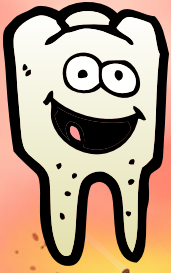


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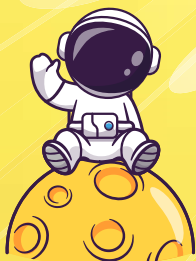
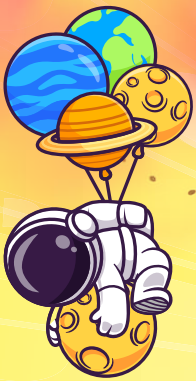
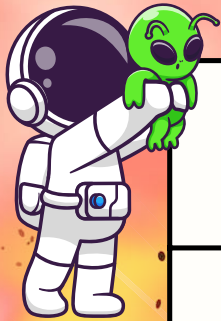


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MY MORNING ROUTINE



MY MORNING ROUTINE



[illegible]



WASH MY HANDS



CALM ACTIVITY



WAKE UP



GO TO THE TOILET



USE THE POTTY



BRUSH MY TEETH



WASH MY FACE



COMB MY HAIR



PUT ON CREAM



GET DRESSED



LUNCH BOX



HAVE A SHOWER



EAT BREAKFAST



DRINK



TAKE VITAMINS



PUT ON COAT



SAY GOODBYE



GO TO NURSERY



GO TO PRESCHOOL



TAKE A BATH



PUT AWAY TOYS



EAT A SNACK



DO MY HOMEWORK



TIDY UP



READ



CLEAR THE TABLE



PUT ON SOCKS



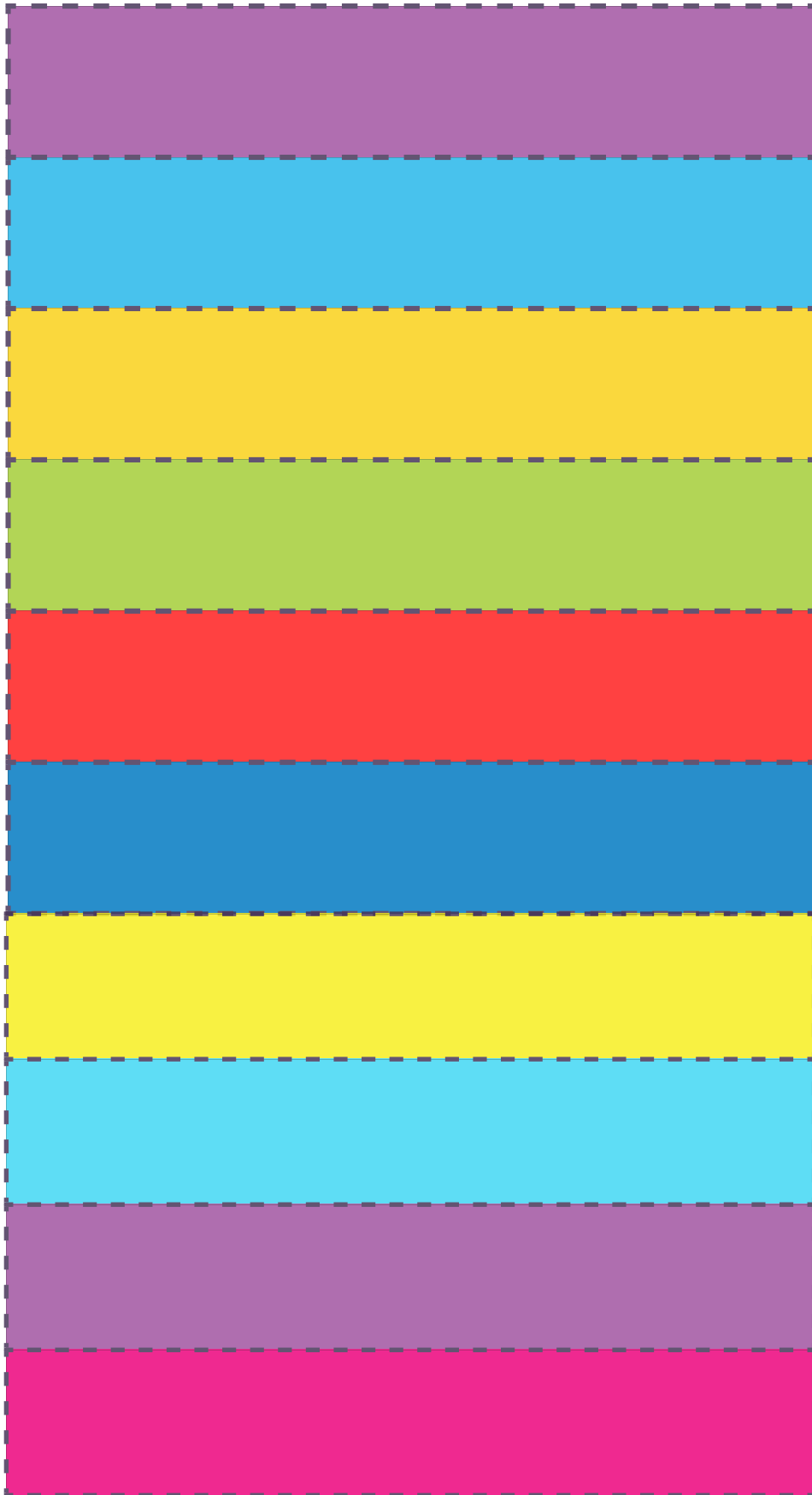
PUT ON SHOES



MAKE MY BED



PACK MY BAG



ABOUT THE RESOURCE

This free and editable "My Morning Routine" visual support tool is designed to help children develop independence, confidence, and structure in their everyday life. It is particularly helpful for nursery and primary school-aged children who benefit from clear, consistent routines. The chart can be used at home or in professional settings such as schools, nurseries, or during one-to-one work with children.

By using visual prompts, the resource helps children understand what to expect each morning and supports them in completing everyday tasks in a calm and organised way. It can be personalised to suit each child's needs and works especially well as part of a visual schedule, routine chart, or behaviour support plan.

This resource is available for free download from www.socialworkerstoolbox.com, along with many other printable tools that promote emotional wellbeing, practical life skills, and positive behaviour in children.