

NEVER SAY THIS TO A CHILD

WORDS FROM ADULTS STICK FOR LIFE.



SocialWorkersToolbox.com

WHY THIS MATTERS

CHILDREN BELIEVE ADULTS.

THEY TURN WORDS INTO BELIEFS ABOUT WHO THEY ARE.

SHAME LASTS LONGER THAN DISCIPLINE.

FEAR DOES NOT TEACH BEHAVIOUR, IT TEACHES SILENCE.

SAY THIS INSTEAD

I am upset about what happened, not about you.

That behaviour is not okay.

I can see you are struggling.

Let us fix this together.

You are allowed to have feelings.

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