

REAL HEROES STOP BULLYING



Real heroes do not bully.
Real heroes protect others.
Real heroes step in - if it is safe.

BULLYING IS:

Hitting.
Pushing.
Name calling.
Teasing.
Leaving someone out on purpose.
Spreading rumours.



IF YOU SEE BULLYING:
Say "STOP. That is not okay."
Or say to the bullied child:
"Come with me".
Get help - tell a trusted adult.
If it feels unsafe,
do not step in - tell an adult instead.

STOP



Do not fight.
Do not argue.
Help the child and
tell a trusted adult.

Real heroes
choose to protect.



SEE OUR WEBSITE FOR MORE **FREE** RESOURCES

WWW.SOCIALWORKERSTOOLBOX.COM



FOLLOW US ON **FACEBOOK** TO STAY FULLY
UP TO DATE WITH NEW DOWNLOADS:



©EDITA STIBOROVA (2026) This printable PDF document may be used free of charge by individuals and not-for-profit organisations for work with families and for training purposes, provided that no changes are made to its content.

You are not permitted to upload this resource to your own website or to social media. You may include a link from your website, social media page, or group to ours.

You may share our resources from our Facebook page using the share button.