Social Story

Taking Turns Practice Scenarios & Worksheets

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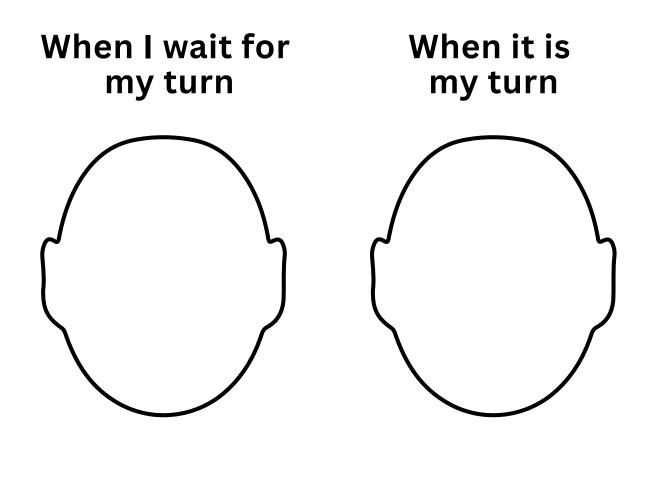
This activity pack is designed to go with the main social story, Taking Turns. Click the download button below to get the story for free.



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How Do I Feel When I Take Turns?

Draw a face to show how you feel when you wait for your turn and when it is your turn. Underneath each face, write a word to describe your feeling.



What Can I Do While I Wait?

Look at the next two pages and choose some calm waiting ideas that work for you – or think of your own.

Things I can do while

I WAIT MY TURN



SIT DOWN AND WAIT



TAKE DEEP BREATHS



LOOK AROUND QUIETLY



IMAGINE A CALM PLACE



PLAY WITH A FIDGET TOY



HUM A QUIET TUNE IN MY HEAD



READ A BOOK OR LOOK AT PICTURES



CUDDLE A SOFT TOY



THINK ABOUT SOMETHING HAPPY



DRAW OR DOODLE ON PAPER



THINKING GAME IN MY HEAD



STRETCH MY ARMS AND LEGS GENTLY



SAY THE ALPHABET QUIETLY TO MYSELF



COUNT THE THINGS I CAN SEE



WHISPER KIND WORDS TO MYSELF



COUNT TO 10 (OR HIGHER)



A FINGER



PRESS HANDS TOGETHER, THEN RELAX



WATCH WHAT OTHERS ARE DOING WHILE I WAIT



PLAY QUIETLY WITH MY CLOTHES



SOMETHING NICE I DID TODAY



CUDDLE MY SOFT TOY



I CAN HEAR



THINK ABOUT WHAT I WILL DO WHEN IT IS MY TURN

Taking Turns: What Should I Do?



Look at each scenario on the slips below. Cut them out and sort them into the correct column – Kind/Helpful Reactions or Unkind/Unhelpful Reactions – on the next page.

l say, "Can I have a turn next?"	l grab the toy out of someone's hand.
I wait quietly for my turn.	l push someone because I want a go.
I say, "Thank you for letting me have a turn."	l shout, "It's my turn now!"
I cry loudly and walk away.	l count to 10 while I wait.
I break the toy because I feel angry.	I take a deep breath and stay calm.
I smile and say, "Well done!" when someone else has a turn.	I say, "That's not fair!" and walk off.
I fold my hands and watch while I wait.	I say unkind words because I feel upset.
I say, "Maybe I will go first next time."	l throw something because I don't want to wait.
, 	

What Should I Do When I Want a Turn?

Kind / Helpful Reactions

Unkind / Unhelpful Reactions

Yes or No? Turn-Taking Quiz

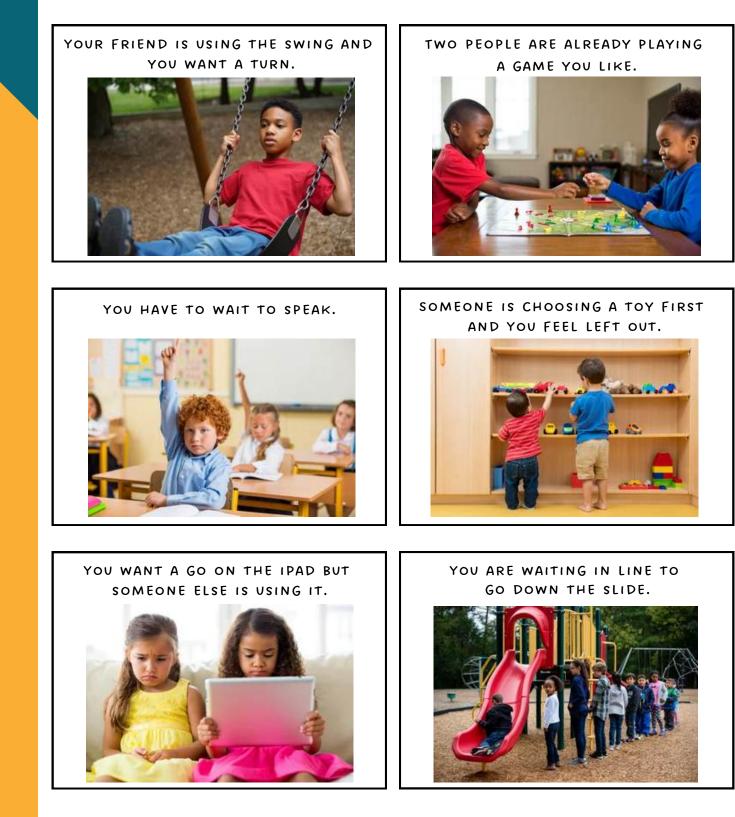


Read each statement. Decide if it shows good turn-taking behaviour. Circle "Yes" or "No".

- I shout until someone gives me a turn. Yes / No
- I ask politely for a turn. Yes / No
- I wait quietly. Yes / No
- I grab toys from others. Yes / No
- I take deep breaths while I wait. Yes / No
- I cry loudly when I don't get to go first. Yes / No
- I say, "I feel upset, but I will wait." Yes / No
- I fold my hands and watch while others take their turn. –
 Yes / No
- I hit someone because I am tired of waiting. Yes / No
- I walk away and slam the door when it is not my turn. –
 Yes / No
- I say, "Maybe I will get a turn next time." Yes / No
- I count to 10 while waiting. Yes / No
- I call someone a mean name because they got a turn.
 Yes / No

Role-Play Cards: What Could I Do?

Read each situation below. Can you act out or say something kind and calm that you could do in this situation? You can practise with an adult or a friend.





YOU WERE NOT PICKED TO GO FIRST IN A GROUP ACTIVITY.



A SIBLING IS PLAYING WITH A TOY YOU REALLY WANT.



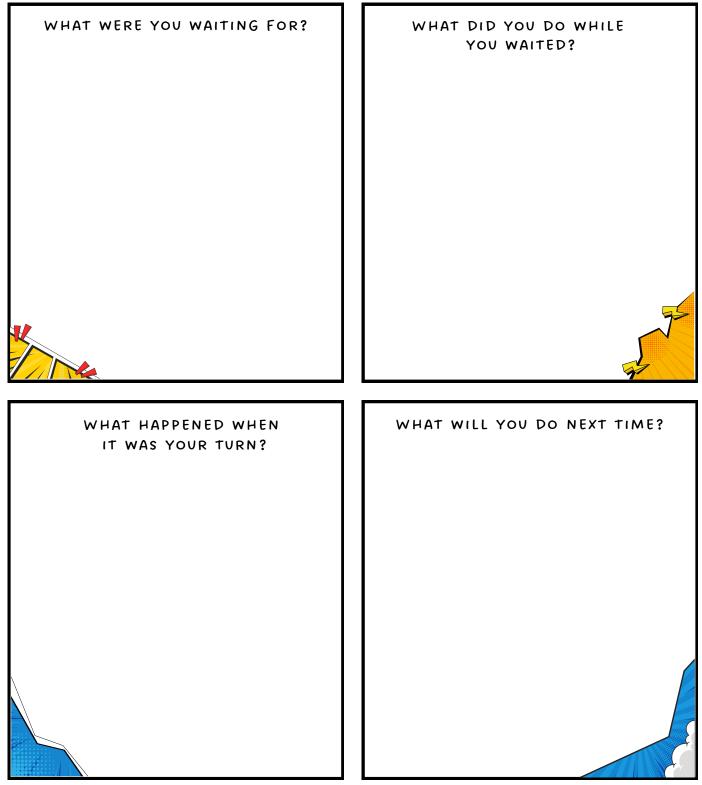
YOU WANT TO HELP WITH SOMETHING, BUT SOMEONE ELSE WAS CHOSEN INSTEAD.



My Comic: Taking Turns



Draw a comic to show a time you had to take turns. Use these questions to help you:



Fill in the Blanks: Taking Turns

• When I wait for my turn, I might feel		
•	 Instead of shouting, I can 	
•	I can say to ask for a turn.	
•	Taking deep breaths helps me feel	
•	Being patient shows I am a good	
•	If I feel upset, I can to calm down.	
•	I feel proud of myself when I	
-	Novt time I play, I want to remember to	

Next time I play, I want to remember to

Fill in the Blanks: Taking Turns

Example:

- When I wait for my turn, I might feel frustrated.
- Instead of shouting, I can take a deep breath.
- I can say "Can I have a turn next, please?" to ask for a turn.
- Taking deep breaths helps me feel calm.
- Being patient shows I am a good friend.
- If I feel upset, I can hold my hands together and wait quietly to calm down.
- I feel proud of myself when I wait kindly and do not get angry.
- Next time I play, I want to remember to take turns and be fair.

Is This Good Turn-Taking?

Read each story. Circle "Yes" if the children are taking turns kindly. Circle "No" if they are not taking turns kindly.



Peter and Lucy were taking turns on the scooter. Peter had his turn first and rode up and down the path. Then Lucy had her turn while Peter waited on the bench. After a few minutes, Lucy gave the scooter back and said, "Your turn again!" Peter smiled and said, "Thank you!"

YES NO



Ella and Mia both wanted to play with the tablet. Mia was using it, and Ella sat nearby and watched. After a while, Mia gave it to Ella and said, "Here you go." Ella said, "Thanks for sharing!" and started her turn.

YES NO



Amir saw Ava playing with the toy car he wanted. He ran over, grabbed it from her hands, and shouted, "It's my turn now!" Ava looked upset, but Amir just started playing with it.





Sophie wanted a go on the swing, but it was full. She asked, "Can I have a turn when you are finished?" and then played with the sandpit while she waited. When the swing was free, someone called, "Sophie, it's your turn now!" and she ran over happily.

YES NO



Jack and Leo were playing a board game with a group. When it was Leo's turn, Jack shouted, "Hurry up!" and then moved a piece for him. Leo looked sad and did not want to keep playing.

YES NO



Grace and her friend were colouring together. They shared the pencils and passed them back and forth. When Grace wanted a colour her friend was using, she said, "Can I use that when you are finished?" and waited until it was free.

YES NO



Noah was playing with blocks. When Ben came over and asked, "Can I play too?" Noah shouted, "No, go away!" and kept all the blocks to himself.

YES NO

BEN AND THE BUILDING BLOCKS



THIS STORY IS ABOUT BEN. HE REALLY WANTS A TURN WITH THE BUILDING BLOCKS. READ HOW BEN LEARNS TO WAIT, TAKE TURNS, AND BE A KIND FRIEND.

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Ben loves playing with the building blocks at school. Today, he sees another child, Leo, already playing with them. Ben really wants a turn.



Ben feels upset. He wants to grab the blocks and start building. But he remembers what his teacher said: *"We take turns so everyone can have fun."*



Ben takes a deep breath. He says, "Can I have a turn when you are finished, please?" Leo nods and says, "Okay!"



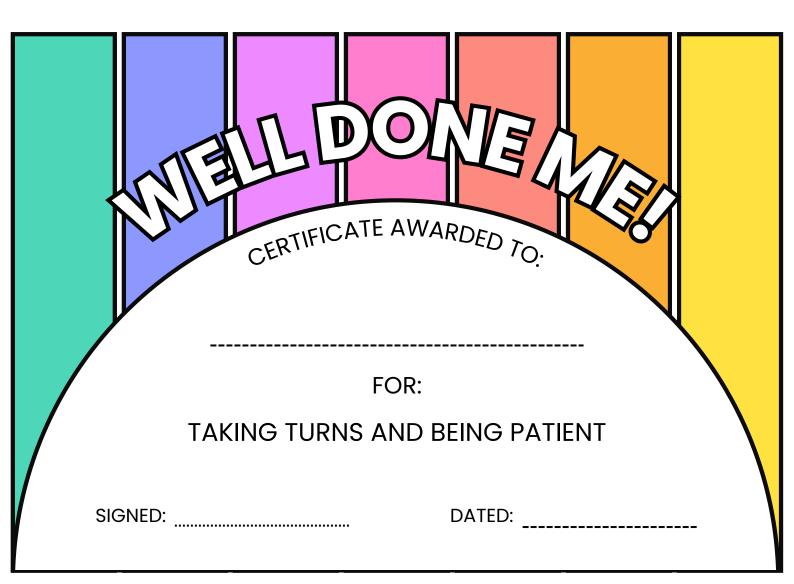
While he waits, Ben plays with a puzzle. He feels proud that he is being patient. Soon, it is his turn to play with the blocks!



Ben and Leo build a tower together. They take turns and laugh as the tower gets taller. Taking turns feels good!



REMEMBER: TAKING TURNS HELPS EVERYONE HAVE FUN!



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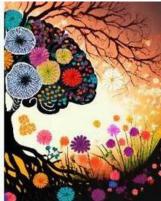
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