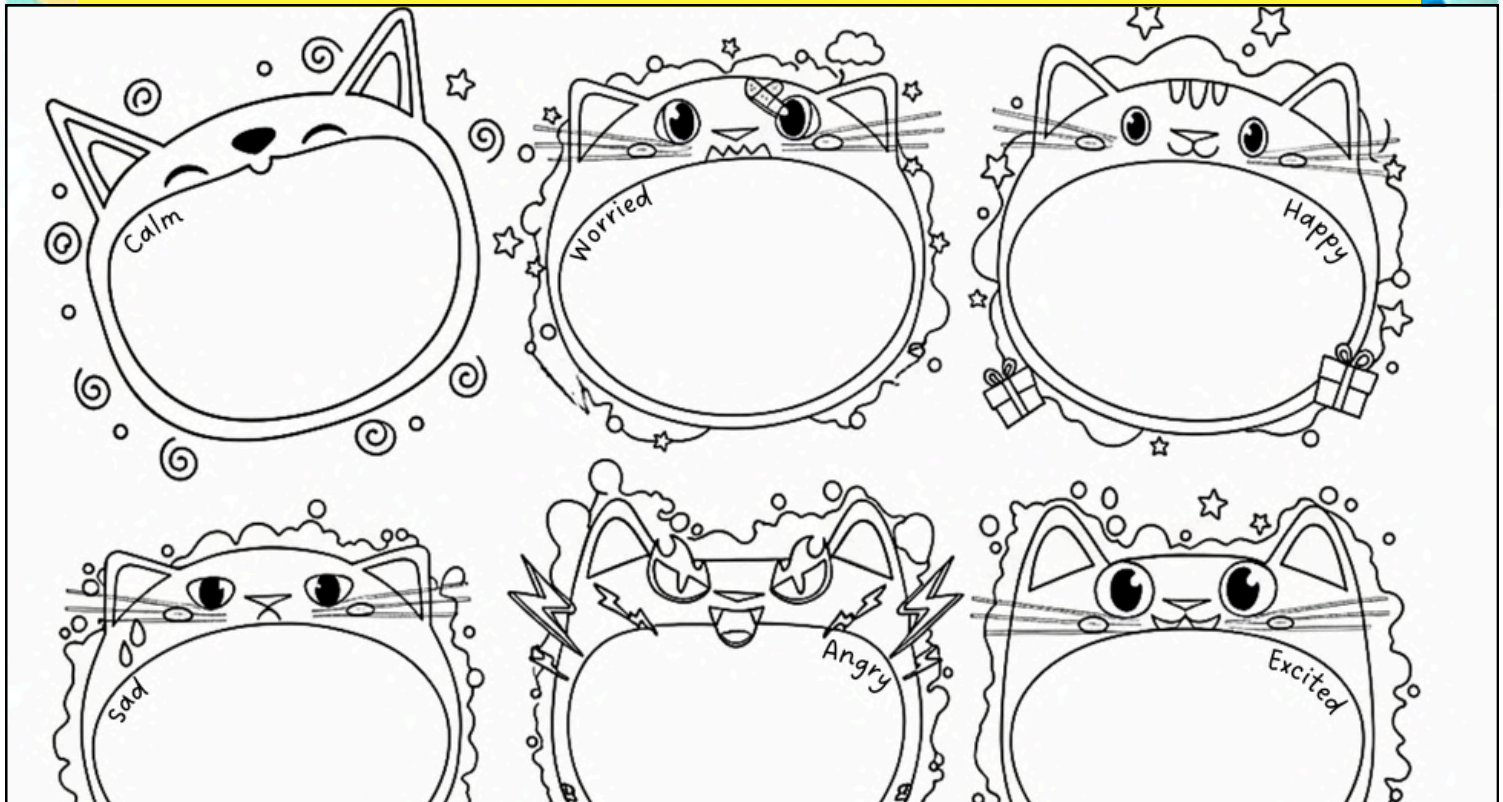


# What makes me feel...



**Free Download**



SEE OUR WEBSITE FOR MORE **FREE** RESOURCES

[WWW.SOCIALWORKERSTOOLBOX.COM](http://WWW.SOCIALWORKERSTOOLBOX.COM)

[www.SocialWorkersToolbox.com](http://www.SocialWorkersToolbox.com)

Free social work  
resources for  
direct work



©EDITA STIBOROVA (2025) THIS PRINTABLE PDF DOCUMENT  
CAN BE USED AT NO CHARGE BY INDIVIDUALS AND  
NOT-FOR-PROFIT ORGANISATIONS FOR THEIR WORK  
WITH FAMILIES AND/OR TRAINING AS WELL AS UPLOADED  
TO THEIR WEBSITE PROVIDING THAT  
NO CHANGES ARE MADE TO ITS CONTENT.

# What makes me feel...



# What makes me feel...

