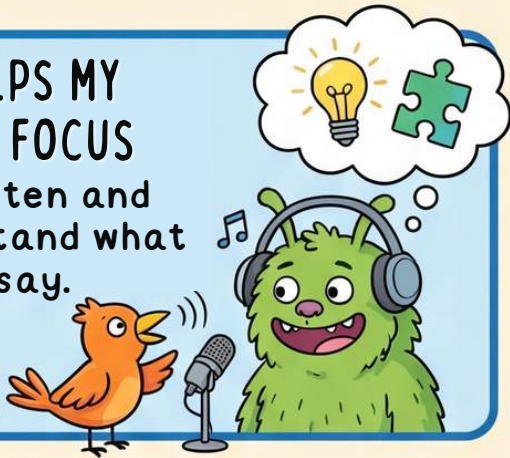


# WHY TAKING MY ADHD MEDICINE HELPS ME

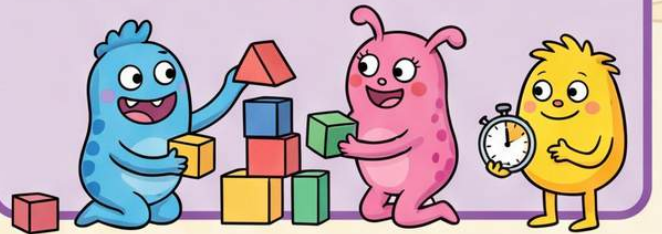
## IT HELPS MY BRAIN FOCUS

I can listen and understand what people say.



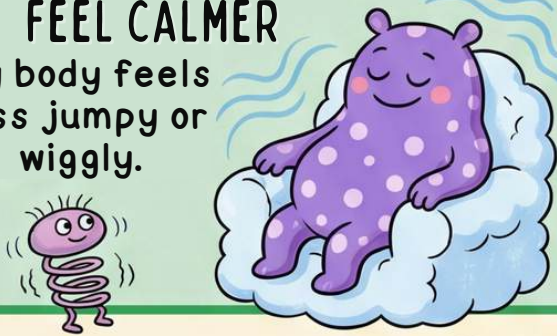
## IT HELPS ME WITH FRIENDS

It can be easier to share, wait my turn, and play together.



## IT HELPS MY BODY FEEL CALMER

My body feels less jumpy or wiggly.



## SOME THINGS MAY FEEL EASIER

Learning, games, and daily tasks can feel easier.



## IT HELPS ME REMEMBER THINGS

I can remember what I need to do.



## IT HELPS MY BRAIN DO ITS BEST

My medicine does not change who I am. It helps my brain work in a way that helps me do my best.



## IT HELPS ME SLOW DOWN

I can think before I act.



## REMEMBER

Lots of children take medicine to help their brain focus.



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