



What do you do when your friends give up but you want to carry on?

What do you do when something feels too hard?

What would you say to a friend who felt like giving up?

How do you feel after a really bad day?

What is something you were scared to try but did anyway?

How do you feel when someone is unkind to you?

FINISH

How do you feel when someone beats you at something?



GROWTH MINDSET

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What do you do when you make a mistake?

What is something you wish you were better at?

How do you cheer yourself up when things go wrong?

What would you do if someone laughed at you for trying?

Who makes you feel brave and why?

What does it feel like to try your best?

When do you know it is time to ask for help?



What makes you feel proud of a friend?

What makes you feel proud of a friend?

START

What do you want to get better at and why?

How do you feel when you help someone?

What would you try if nobody was watching?

What makes you feel good about yourself?

What is something that used to be hard but is now easy?

What do you do when your friends give up but you want to carry on?

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