



What is something you are proud of, and why?

How can you disagree in a kind way?

What makes a good apology?

What can you do if someone is unkind to you?

How can you fix a mistake you made?

How can you help someone today?

How can you help someone feel part of the group?



# SOCIAL SKILLS

[www.SocialWorkersToolbox.com](http://www.SocialWorkersToolbox.com)



What can you do if you feel shy?

What can you do if you start to feel angry?

What makes someone a good friend?

Why is it important to let other people talk?

What can you do if someone looks upset?

How can you tell if someone feels left out?

How can you end a conversation politely?



How can you show you are listening?



What can you say to start talking to someone new?

What can you say to join in without interrupting?

What is a good question to ask someone new?

What can you say if you feel nervous to talk?

What can you ask to keep a conversation going?

What can you say if you did not understand someone?

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